



Updated: March 18

Twilight Meet - 2 - May 8, 2025 - 4:30 PM to 8:00 PM
Gordie Howe Sports Complex - Track

Officials & Volunteers

GATE - EDF x 2	Track Marshall - EH x 3
Announcer - TD	Track Judge - BR / CENT / MG / HC / WM x 2
	Pole Vault - HC / BETH x 2
	Javelin - BJM x 3
	Shot Put - STJ x 3 / MR x 3
Starter - SSSAD Assigned	Erica Gasmo / Amber Rollock (6:00 PM to the end)

Events

Relays - 4 x 100 M	All Categories	Shot Put	All Categories
Relays - Medley	Open	Pole Vault	All Categories
3000 M	All Categories	Javelin	Girls Only

Rolling Schedule - All Times are Approximate

Track			Field				
Time	Category	Event	Time	Event			
4:30 PM	IG	4 x 100 M		Shot (SE)	Shot (SW)	Pole Vault	Javelin (N)
	IB	4 x 100 M	4:30 PM	IG	IB	IG/JG/SG	SG
	JG	4 x 100 M	5:00 PM				
	JB	4 x 100 M	5:30 PM	JG	JB		IG
	SG	4 x 100 M	6:00 PM			IB/JB/SB	
	SB	4 x 100 M	6:30 PM	SG	SB		JG
6:00 PM	IG/JG/SG	MEDLEY	7:00 PM				
	IB/JB/SB	MEDLEY					
Medley - 200 m, 100 m, 100 m, 400 m							
6:30 PM	IG/JG/SG	3000 M					
	IB/JB/SB	3000 M					

2024 IG
 JG / SG
 IB
 JB / SB